



ART BRIDGES: Lesson Plans for Enrichment, Growth and Healing

Continuous Line “Ice Breaker”

**A Lesson Submitted by
Ann Williams
Envision Galleries**

Objectives:

1. Introduce participants to one another
2. Encourage participants to “get their creativity on” as they connect with the other participants

Audiences:

Anyone can use this lesson. Ann used it for a group of young adults as a “meet and greet”.

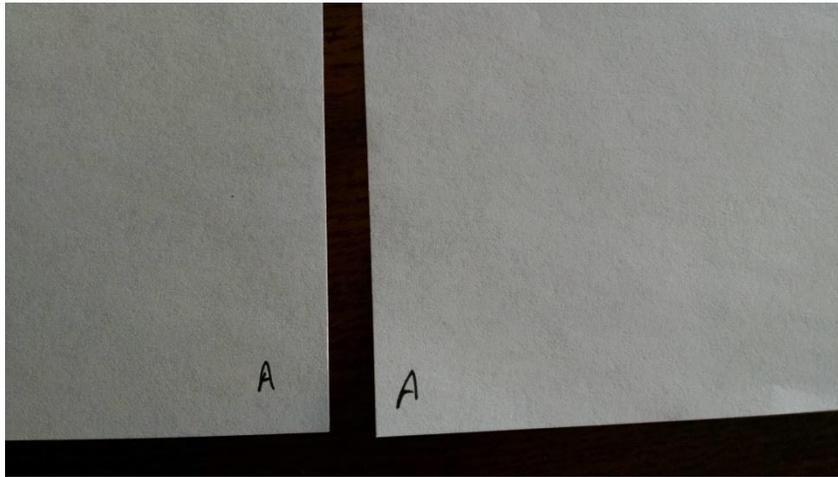
Supplies/Materials:

- 9x12 sheets of paper (enough for each participant to have one sheet)
- Markers
- Crayons
- Oil pastels
- Chalk pastels
- Colored pencils

Note: any materials that are suitable for children's use will work for any age group for this activity.

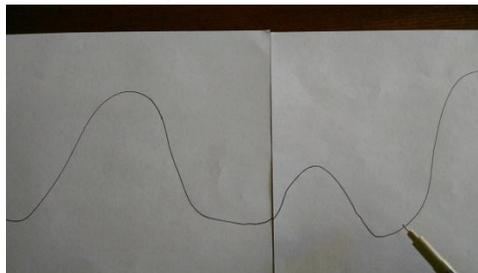
Class Instruction:

1. Before the class begins, lay out all the sheets of paper in pairs, edge to edge. *Note: It may be a good idea to place a small notation on the back corner of each sheet prior to the activity to make matching up pairs easier (for instance two "a's" discretely placed on the back of the two matching*



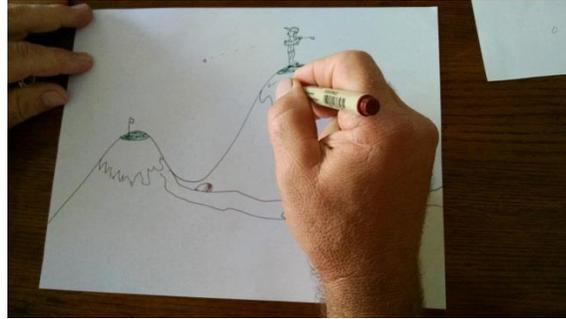
sheets, two "b's", etc.). This could be helpful if you have a large group who are having difficulty finding their match if time is running short—just alert them to find their matching number or letter.

2. For each pair draw a continuous, intuitive line across the two sheets

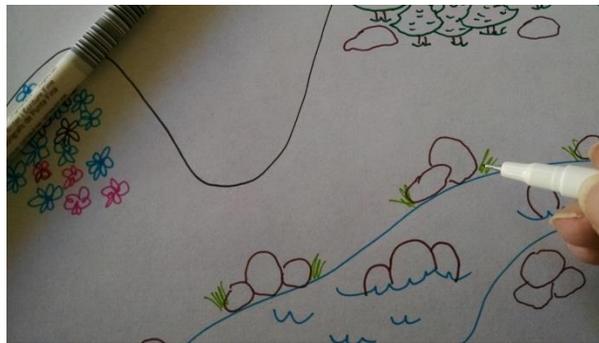


of paper. You can use ink or any medium you prefer. When your session begins, hand each individual a piece of the prepared paper. If you have a larger group, you can assign one sheet of paper to a pair of participants.

3. Give the participants anywhere from seven to fifteen minutes to create a work of art with the materials provided using that line as a starting point.



4. You have the option of directing the art by suggesting a theme (e.g. landscape, household items, feelings, creatures, or abstracts) or you can just turn the participants loose to use their own creative imaginations.



5. At the conclusion of the time period allotted, instruct the participants to find the sheet of paper that matches and completes their line. The participants may need to do some searching and comparing to achieve this task, thus giving them a chance to interact and connect with other members of the group.



6. If time allows and you have the inclination, each pair can hold up their art to share with the group and be admired, giving “artist statements” if they so desire.

Ann Williams is a nationally-known professional artist who has been immersed in the art world for over 30 years. When she is not in her studio, Envision Galleries, Ann is active in her community and church and has served as a valuable member of Hildegard Center for the Arts Board of Directors. You can see Ann’s work and contact her at ann@envisiongalleries.com .

If you have used this lesson plan, we’d love to hear from you! Please send questions or comments through our website www.hildegardcenter.org .

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