



## **ART BRIDGES: Lesson Plans for Enrichment, Growth and Healing**

### **50 Faces Project**

**This Copy-Righted Project is Re-posted with Permission from  
Shelley Klammer**

<http://www.expressiveartworkshops.com/how-to-start-your-own-art-program/50-faces-project-art-and-dementia>



## **Objectives:**

The Participants will:

1. Follow the prompt of the teacher/facilitator to create the foundation for a face
2. Use artistic elements to finish drawing and coloring the face and transfer to unbleached cotton
3. Create a border for the artwork
4. Collaborate with one another in the creation of art

## **Audience:**

This activity was used by Shelley for working with clients with dementia but could be adapted to any audience to create irreverent portraits.

Inspired by "Drawing Lab for Mixed Media Artists" author and artist Carla Sonheim, this is a group project that I am facilitated with my art group for older adults - most of whom have dementia.

## **Supplies/Materials:**

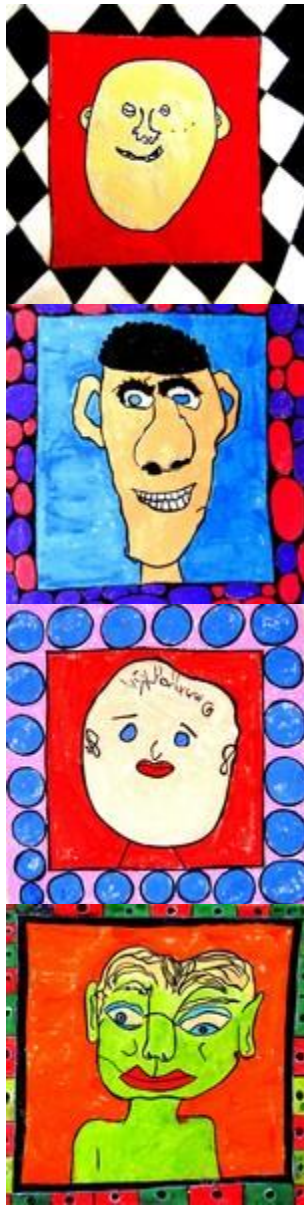
- 11x14" paper or sketchbooks
- Pencils
- 14x14" unbleached cotton
- Fabric paints

## **Class Instructions:**

1. I worked one-to-one with each artist and asked them to draw a face in an 11"x14" sketchbook. When people claimed that they did not know how to draw a face, I showed them all of the other drawings, and told them that I would prompt them.
2. I asked each artist to draw a circle for the head, two eyes, a nose and mouth, ears and hair.
3. I then traced the face onto 14"x14" unbleached cotton, and added a "folk art" pattern around the border. (Note: if the participant is able, they can perform this step.)
4. Sometimes other artists were invited to paint the painting with fabric paints as only some wanted to draw and others wanted to paint. Artists chose their own colors unless they asked me for suggestions. I then offered them a choice between two or three colors.

5. I outlined the drawing and border pattern with black fabric paint.

*This project has elicited much laughter and good fun!*









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Heartfelt thanks to **Shelley Klammer** who graciously gave permission to Hildegard Center to re-post this activity for our project. Shelley is a Registered Counselling Therapist and a Registered Counselling Supervisor with the Association of Cooperative Counselling Therapists in Canada. She currently works in Canada's largest therapeutic art studio, Artworks Studio, for adults at the end of life with dementia and/or physical and mental challenges. While she is designated as a counselling therapist, she has logged over 11,000 art therapy hours in the studio and feels blessed to have worked with hundreds of clients from all walks of life in this creative capacity. Please visit [www.expressiveartworkshops.com](http://www.expressiveartworkshops.com) to learn more about Shelley, her workshops and books, and her work.

**If you have used this activity, we'd love to hear from you! Please send questions or comments through our website [www.hildegardcenter.org](http://www.hildegardcenter.org) .**

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